

MNCRPC 2023 PROGRAM

Date	Race Point	Basket	Lib	Coffs	Kemp	Port	Taree
3/06/2023	Nambucca Heads Toss	Friday	9.00am			90	160
10/06/2023	Woolgoolga Toss	Friday	9.00am		120	185	220
17/06/2023	Yamba Headland	Friday	9.00am	100	180	230	280
24/06/2023	Yamba Headland	Friday	9.00am				
27/06/2023	Mid Week Toss	Tuesday	9.00am				
1/07/2023	Yamba Headland	Friday	9.00am				
8/07/2023	Ballina Coast	Friday	9.00am	170	255	310	360
15/07/2023	Ballina Coast	Friday	9.00am				
22/07/2023	Ballina Coast	Friday	9.00am				
29/07/2023	Fingal Head Headland	Friday	8.00am	245	330	385	430
5/08/2023	Fingal Head Headland	Friday	8.00am				
12/08/2023	Fingal Head Headland	Friday	8.00am				
19/08/2023	Gold Coast (The Spit)	Thursday	7.00am	270	355	415	460
26/08/2023	Redland Bay	Thursday	7.00am	300	390	445	490
2/09/2023	Redland Bay	Thursday	7.00am				
9/09/2023	Caloundra	Thursday	7.00am	395	475	535	580
16/09/2023	Caloundra	Thursday	7.00am				
23/09/2023	Rest Week						
30/09/2023	Tin Can Bay	Thursday	EAP	490	575	630	680
1/10/2023	Woodgate	Thursday	EAP	585	665	720	760
1/10/2023	Emu Park	Thursday	EAP	820	890	940	980

NB: Self funded nominations for Emu Park are to be submitted by the 2nd Caloundra race